

LANIER HIGH SCHOOL



LONGHORNS BASEBALL

TEAM RULES AND EXPECTATION

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First and foremost, baseball players are students at Lanier High School. Our coaches believe that our players are among the best students in school and expect them to act accordingly. We expect our players to maintain passing grades and conduct themselves with class and “Hold The Line” in school and in the community.

School is first... baseball is second.

EXPECTATIONS OF PLAYERS

Players in the Lanier Baseball Program are expected to represent the school, the community, their families, and themselves with class. Players are expected to respect teachers, peers, their coaches, other players, their parents, and everyone else in the community. Players are expected to maintain good standing in the classroom academically and behaviorally. Players are expected to be at every practice, on time, without excuse. If a situation comes up that a player needs to miss, or be late, they must communicate with a coach prior to the practice.

Talent and wins are not guaranteed, but each player can control their attitude, concentration and effort. Each player is expected to play and practice with maximum effort, listen to and respect his coaches and teammates, and have a positive attitude.

JOINING THE TEAM

To be eligible a student must be on track for graduation and pass the required number of courses the previous semester. Unfortunately, we are not able to keep everyone that tries out, therefore cuts must be made. To make the team, the aspiring player must be at tryouts and perform to the best of his ability. Telling young men that they cannot participate in baseball is the most difficult decision a coach will have to make.

GUIDELINES FOR TRYOUTS

Baseball involves four different aspects: Hitting, Fielding, Throwing, and Running. There are some intangibles involved such as coach-ability, attitude, and effort. Performance of all these aspects will determine the overall decision of the coaches during tryouts. Every coach will provide input in deciding who makes the team. We will be evaluating players in a practice and game-type setting. Our tryouts are not like a showcase where they players run the 60-yard dash, the home-to-first base, throw from the outfield, throw from short stop, and take batting practice. All participants will be evaluated in a practice setting with multiple drills and scenarios we expect our players to perform day in and day out. At the end of each day of tryouts, we will scrimmage so we can see all the players perform in a game situation. After one to four days of tryouts, the coaching staff will speak to each player, individually, to let them know whether or not they made the program and what level they are projected to play (9th Grade, JV, or Varsity).

PRACTICE PROCEDURE

It is expected that every player be on time to practice and to stay for the fully-allotted practice time. In our program, baseball comes first and job obligations come second. **No player will be allowed to leave practice early to go to work, unless approved by the Head Coach.** We understand financial difficulties, but this rule has to be enforced to compete in one of the most difficult baseball regions in the state. If there are any concerns about this, the coaching staff will be glad to sit with the player and parents to discuss this further. During the season, we practice everyday, some Saturdays, but not on Sundays. We have three teams and only one field so time frames will vary when games are scheduled. Also, any person interested in playing baseball at Lanier needs to understand that baseball practices and baseball games will be played the week during spring break. The Varsity will not be guaranteed any days off other than Sundays. Sub Varsity teams will be given days off depending on the schedule and the coach's discretion.

TEAM RULES

1. Players must follow Lanier High School and Gwinnett County Public School rules at all times
2. Any use of alcohol or drugs, **whether in season or out of season**, will result in an immediate dismissal from the team. We will not tolerate any use of it.
3. Any use of tobacco, including vaping, e-cigarettes, and/or Juuling, will result in a suspension and possible further disciplinary action, per coach's discretion.
4. Missing a game without prior approval from the coaching staff will result in a minimum one game suspension and possible dismissal from the team at the coach's discretion.
5. Tardy to a game without prior approval will result in the player being scratched from the lineup and/or benched for the game and additional conditioning.
6. Throwing equipment or arguing with the umpire will result in removal from the game and possible further disciplinary actions.
7. Missing or late to practice will result in extra conditioning and possible game suspension(s), per the discretion of the coach. Excessive tardiness or absences from practice can result in the dismissal from the program.
8. During games, players are to remain in the dugout and not talking to friends, parents, or anyone else outside the fence. This is a safety hazard, distraction and takes the player(s) away from the game.
9. Players are not allowed to leave the dugout without permission from the coaches.
10. Players are not allowed to eat in the dugout during games (i.e. hamburgers, hot dogs, and any other food items) unless there is a medical condition and/or previous arrangements have been made with the coaching staff. Sunflower seeds, peanuts, protein bars, etc. are acceptable.

LETTERING

Lettering is reserved for players who participate at the Varsity level. This process will be at the coach's discretion.

ATHLETIC SCHOLARSHIPS

We will help our athletes as much as we can to continue playing after high school. There are very few full scholarships given, but with good academics and talent, a player can proceed to the next level. We will personally try to promote our players to participate at the next level, but it is ultimately up to the player to perform. It takes a lot of hard work, not only on the field, but also in the classroom to compete at the next level.

PLAYING TIME

This is high school baseball, and a player must earn his right to play. Even though he may have been chosen for the team, it does not guarantee him a certain amount of playing time. We will do our best at the 9th and JV level to give each player playing time, but it is not guaranteed. Each player must work hard in practice and, when given an opportunity in a game, do their best to be as successful as possible. It is our job as coaches to put each player in a position to succeed, but it is the responsibility of the player to produce. Playing time is 100% up to the coach's discretion. We, as coaches, will try to do our best to let each player know exactly what his role is on the team and in the program.

If there are any concerns about the amount of playing time a player is or is not getting, here is the procedure:

1. The player should ask the coach for a **one-on-one meeting**, and then express concerns with the coach in private. **There will be no meetings on the field or in front of any other player concerning playing time.**
2. If the player is not satisfied after talking with the coach, then the parents should contact that coach and ask for a meeting. This meeting will take place on school grounds at a time that is convenient to the coach. The player will be present at this meeting, as well.
3. There should **NEVER** be a need to contact the Athletic Director about playing time. If there is a situation that has nothing to do with playing time, and has first been brought to the Head Coach's attention, then a parent can contact the Athletic Director.

OPEN DOOR POLICY

Our door is always open to the players and parents. Please take advantage of this. If there is a grievance, and you wish to speak to a coach, please schedule a meeting before showing up unannounced. Our job is to teach our players to be the best people they can be and teach them the necessary baseball skills to make them the best baseball player they can be.

BOOSTER CLUB

Role of the Booster Club:

Athletic Booster Clubs exist as organizations of parents and community persons dedicated to:

1. Supporting, encouraging and advancing the athletic program and related activities of Lanier High School, thereby cultivating a clean, wholesome school spirit, promoting good sportsmanship, and developing high ideals of character.
2. The club shall promote projects to improve facilities and equipment necessary to provide an adequate athletic program for the school district.

Lanier Baseball

Rules and Regulations Contract

I, _____, hereby agree to the rules and regulations I have read in the team
(Player Name)

packet given to me on the ____ day of _____, 2020.

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2. Any use of alcohol or drugs, **whether in season or out of season**, will result in an immediate dismissal from the team. We will not tolerate any use of it.
3. Any use of tobacco, including vaping, e-cigarettes, and/or Juuling, will result in a suspension and possible further disciplinary action, per coach's discretion.
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Any violation of the Drugs and Alcohol policy will result in **immediate dismissal from the team.

**All rules and regulations are subject to change and are under the discrepancy of the Head Coach.

**All violations will be documented and the parent or legal guardian will be notified.

Player Signature: _____

Date: _____

Parent/Legal Guardian Signature: _____

Date: _____